



# FearLESS


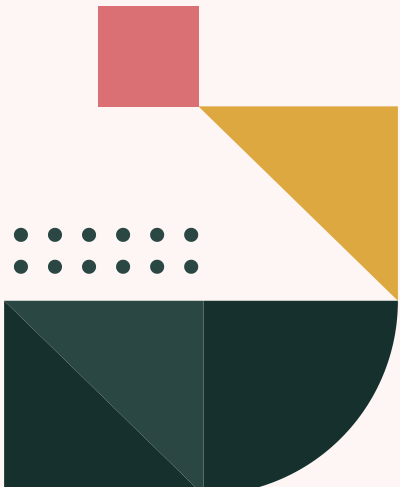
Joshua 1:9

## PRE-GATHERING BIBLE STUDY

### GOAL

We all face fear—but we don't face it alone. In Jesus, we have a FearLESS Savior who has already won the battle. When we remember who God is and what Jesus has done, fear doesn't stand a chance.

Kansas District Youth Gathering  
Nov. 14-16, 2025





BREAK THE ICE:

WHAT ARE YOU AFRAID OF?

Start with this question:

"If fear were a person, animal, or thing, what would it be like?"

Would it whisper in your ear? Yell at you? Follow you around?

Then ask:

- What's something people your age are secretly (or not-so-secretly) afraid of?
- What's a fear you've outgrown? What's one you still carry?

You can write answers on a whiteboard or just keep it verbal.

READ IT TOGETHER:

PSALM 27:1-3, 13-14

Alternatively, read through all of Psalm 27, highlighting the selected verses. Ask someone to read it out loud. Or read it slowly together, pausing after each section.

Ask:

- What stands out to you from this psalm right away?
- How would you describe the kind of confidence David (the writer) has? Where does his confidence come from?



# LET'S TALK: BEING REAL ABOUT FEAR

Ask:

- When you're scared, what's your go-to response? Fight it? Avoid it? Pretend it's not there?
- Why do you think David could say, "Whom shall I fear?" Do you think he ever felt afraid?
- Does having true courage mean having no fear? What does it mean to be truly "FearLESS"?
- Can trusting God actually make a difference in your fear? How?

Lead into this idea: David isn't saying there's nothing scary. He's saying he knows Someone bigger than his fear. He's saying, "Even when stuff feels out of control, I know who's holding me."

## DIGGING IN: REAL TALK

### **LAW (Hard Truth):**

Let's be honest—fear wins in our lives a lot. We fear not being enough. We fear messing up. We fear being rejected, being alone, or even death.

And sometimes we let those fears control us. We put our trust in stuff that won't last—popularity, control, achievement, even ourselves.

## GOSPEL (Good News):

But here's the truth: Jesus knows what fear feels like. He faced the cross head-on. He sweated blood in the garden. And He went anyway—to take on our worst fears and destroy them at the cross. And then rise again!

Because of Him, fear doesn't define us. Jesus does. He's the stronghold, the light, the salvation. He's made you His child through your baptism. And He's coming back again to make all things new.

You are not FearLESS because you're strong. You are FearLESS because God is strong. And He's with you in every fear you face.

## REFLECTION: A PERSONAL PAUSE

Quiet time or written reflection. Prompt with:

- What fear has been shouting the loudest in your life lately?
- How does knowing Jesus already beat fear—even death—change the way you see it?
- What would it look like to face your fear with faith in Jesus?

*Optional: Invite students to add a reminder to their phone for some time in the coming week that encourages them to send the text of Psalm 27:14 to someone else in the group, and perhaps to another friend who might need it.*

### Closing Prayer

"Jesus, You know what fear feels like. And You didn't run from it. You ran through it to rescue us. When we feel overwhelmed or scared, remind us that You've already won. Help us face fear with Your courage, not our own. Make us FearLESS—not because of who we are, but because of who You are. Amen."

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