

# WHAT TO EXPECT AT LVR:

This is a week where you will grow in your understanding of God, challenge yourself, and build lasting friendships. Here's what you can expect:



## **New Experiences**

This camp is designed to take you outside your normal routine. You'll be surrounded by nature, in a beautiful mountain environment, which will offer a break from the usual hustle and bustle of everyday life. Think fresh air, stunning views, and space to breathe and reflect.

## **Group Building Challenges**

Expect to participate in group activities that will stretch you and push you outside your comfort zone. These challenges are not only physical, but they also encourage teamwork, communication, and personal growth. You will learn how to work with others, solve problems, and maybe even discover new strengths within yourself.

## **Meeting New People**

One of the best parts of camp is meeting new people. You will be surrounded by other high school students who are on their own journey, and we intentionally mix up our cabins and small groups. While you might be out of your comfort zone at first, you will quickly realize that we are all in this together, learning and growing alongside each other.

## Physical Activity

Be ready for some outdoor activities that will keep you moving! Whether it's hiking, team games, or high ropes, you will be active and engaged. Don't worry, you don't need to be an expert in anything to join in. These activities are all about challenging yourself, having fun, and supporting each other as a team.

## Spiritual Growth

Each day there will be time set aside for group devotions, prayer, and personal reflection, allowing you to connect with God in a fresh, powerful way. This is an opportunity to grow in your faith and explore what it means to follow Him, no matter where you are in your spiritual journey.

## Overall

This camp is going to be a mix of fun, challenges, and deep spiritual growth. You will be pushed to step out of your comfort zone, make new friends, and take time to reflect on your faith. While you might face some tough moments, you will also experience a lot of joy and encouragement. By the end, you will walk away not just with new memories, but with a deeper understanding of God, yourself, and others.

We are excited to have you join us and look forward to seeing how this camp will impact your walk with Jesus!