



**April 6-8, 2025**  
**Savior Pastoral Center**  
**12601 Parallel Parkway**  
**Kansas City, KS 66109**

**Funding Provided by LCMS OFFICE OF NATIONAL MISSION & KANSAS DISTRICT**

**SUNDAY, APRIL 6, 2025**

4:00 p.m.      Arrival / Check-in  
 5:00            Evening Meal  
 6:00            Evening Fellowship

**MONDAY, APRIL 7, 2025**

7:30-8:15 a.m. Breakfast  
 8:30-9:00      Morning Prayer  
 9:30-10:45    Session One - Putting the Best Construction on Everything (Yahnke)  
 10:45-11:15    Break  
 11:15-12:15    Session Two - A Pandemic of Loneliness/Isolation: Help for Self and Others (Fleming)  
 12:15-1 p.m.    Lunch  
 1:15-2:15      Session Three - The Cost of Caring: A Quiet Epidemic (Yahnke)  
 2:15-2:45      Break  
 2:45-3:45      Session Four - Prayer, Meditation and Lament: Spiritual Self-Care (Fleming)  
 4:15-4:45      Afternoon Prayer  
 5:00            Dinner  
 6:30            Small Group Discussion  
 7:45-8:15      Evening Prayer  
 8:30            Evening Reception

**TUESDAY, APRIL 8, 2025**

7:30-8:15 a.m. Breakfast  
 8:30-9:00      Morning Prayer  
 9:45-10:45    Session Five - Resilience! (Yahnke)  
 10:45-11:00    Break  
 11:00            Session Six - Responding to Judgment: The Matter of Conscience (Fleming)  
 12 Noon        Prayers for Travel / Depart

***Please note: the schedule is tentative and subject to change.***



**“Take Heart!”** respite retreats invite teachers and church workers to step away for a few days. The retreat led by DOXOLOGY will provide **respite, rest and renewal for dedicated DCE’s, teachers and commissioned ministers.** (Commissioned Ministers include Rostered Teachers, DCEs, DCOs, Deaconesses, DFLMs, DPMs, and DCMs. Teachers and parish workers who are not Commissioned Ministers are welcome to attend, too.)

The goal is to serve the servants and have them return to their schools and parishes refreshed for the work God has given them to do. This retreat is fully funded by the LCMS Office of National Mission and the Kansas District; ***there is no cost for participants to attend, but please register by March 23rd at [www.kslcms.org](http://www.kslcms.org)***

Workers have labored tirelessly to serve faithfully, responding in caring ways to all kinds of challenges that have continued beyond the pandemic. Students’ social and learning needs are heightened, their emotional needs require attention. Parents and parishioners alike continue to desire all kinds of assistance. Workers have responded with skill and grace to countless student, parent, and parishioners’ needs.

The respite retreat addresses multiple areas of importance for those who serve others. Church workers will be equipped to:

- Examine the genuine challenges within participants’ classrooms, schools and parishes.
- Respond sensitively and with healthy insights to personal and professional stressors.
- Apply spiritual care and psychological resources that are available to assist them.
- Make healthy personal and professional choices in the face of discouragement, stress, anxiety or matters of conscience.
- Embrace their identity in Christ.

The retreats are intended to provide Christian encouragement, special skills for service, and to enhance confidence to strengthen and renew workers for the work they have been called to do.

**The respite retreat features:**

- Worship where participants can gratefully receive the Word.
- Mutual conversation and consolation of the participants.
- Exploration of spiritual care resources.
- Christian psychological tools/strategies for resilience and application.
- Table talk among participants to allow for important sharing, debriefing, and problem-solving.
- Opportunity for fellowship and social interaction.