

## **A Mighty Fortress Is Our God**

Psalm 46; Ephesians 6:10–18

Martin Luther knew all about what it was like to be despised and rejected by men because of his faith in Jesus. He also knew where to turn in times of trouble—always and only to Jesus. Many of you know one of the many hymns he wrote, *A Mighty Fortress is Our God*, which reminds us where to look for help in times of trouble. Take a couple minutes to read (or even better to sing) the first two verses of the hymn together.

**1      A mighty fortress is our God,  
A trusty shield and weapon;  
He helps us free from ev'ry need  
That hath us now o'ertaken.  
The old evil foe  
Now means deadly woe;  
Deep guile and great might  
Are his dread arms in fight;  
On earth is not his equal.**

**2      With might of ours can naught be done,  
Soon were our loss effected;  
But for us fights the valiant One,  
Whom God Himself elected.  
Ask ye, Who is this?  
Jesus Christ it is,  
Of Sabaoth Lord,  
And there's none other God;  
He holds the field forever**

- Read Psalm 46. Luther knew Christians are in a great battle against Satan and his forces; he also knew God was with us no matter the circumstances we face. What does Psalm 46 say about this battle, especially verses 1 and 7?
- Paul describes the tools God gives us to face the troubles of this world in our theme verses for the 2025 Kansas District Middle School Huddle, Ephesians 6:10–18. What does Paul have to say about the enemy we're facing (v. 12)?
- How does God provide for us in the struggles we face (vv.13-18)?

Our Heavenly Father knows about all the troubles of living in a world broken by sin. His Son faced all the temptations and heartaches that we face every day. The Holy Spirit empowers us to remain faithful in the face of temptation and tribulation. As you sing (or read aloud) the final two verse of *A Mighty Fortress is Our God*, remember what Jesus has already done for you and God's promise to never leave you or forsake you.

**3**      **Though devils all the world should fill,  
All eager to devour us,  
We tremble not, we fear no ill;  
They shall not overpower us.  
This world's prince may still  
Scowl fierce as he will,  
He can harm us none.  
He's judged; the deed is done;  
One little word can fell him.**

**4**      **The Word they still shall let remain  
Nor any thanks have for it;  
He's by our side upon the plain  
With His good gifts and Spirit.  
And take they our life,  
Goods, fame, child, and wife,  
Though these all be gone,  
Our victory has been won;  
The Kingdom ours remaineth.**

**Prayer: Almighty God, You are our refuge and strength, our ever-present help in trouble. Thank You for equipping us with Your Word and Spirit to stand firm in faith. Remind us that You hold the victory, and no trial can overcome Your power. Be with us now and always, guiding us in Your truth and peace. In Jesus' name, Amen.**